

Anytime Snack Mix

munch on with a glass of sparkling water with pomegranate juice

Serves:

Oven Temp:

Prep Time:

Cooking Time:

Ingredients

Qty	Ingredient
1/4 c.	cashews; raw, unsalted
1/4 c.	pecans; raw, unsalted
1/4 c.	whole almonds; raw, unsalted
1/4 c.	walnuts; raw, unsalted pieces
1/4 c.	sunflower seeds; hulled raw, unsalted
6 tablespoon	cranberries; dried organic
6 tablespoon	Golden raisins



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Method

Step	Instruction
1	Preheat the oven to 400 degrees F.
2	Mix together the cashews, pecans, almonds, walnuts, and sunflower seeds on a baking
3	sheet. Bake for 5 minutes. Cool the nut mixture slightly. Mix in the dried cranberries and
4	raisins. Store in tightly covered glass bowls.

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