

# Anytime Snack Mix

*munch on with a glass of sparkling water with pomegranate juice*

Serves:

Oven Temp:

Prep Time:

Cooking Time:

## Ingredients

| Qty             | Ingredient                            |
|-----------------|---------------------------------------|
| 1/4 c.          | cashews; raw, unsalted                |
| 1/4 c.          | pecans; raw, unsalted                 |
| 1/4 c.          | whole almonds; raw, unsalted          |
| 1/4 c.          | walnuts; raw, unsalted pieces         |
| 1/4 c.          | sunflower seeds; hulled raw, unsalted |
| 6<br>tablespoon | cranberries; dried organic            |
| 6<br>tablespoon | Golden raisins                        |



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## Method

| Step | Instruction  |
|------|--|
| 1    | Preheat the oven to 400 degrees F.   |
| 2    | Mix together the cashews, pecans, almonds, walnuts, and sunflower seeds on a baking        |
| 3    | sheet. Bake for 5 minutes. Cool the nut mixture slightly. Mix in the dried cranberries and |
| 4    | raisins. Store in tightly covered glass bowls.   |

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